

Important Dates

July 4th Independence Day
July 5th Center Closed
July 20th Fire Drill
July 22th Tornado Drill

MONTHLY
NEWSLETTER FOR
SECONDINE CHILD
DEVELOPMENT CENTER

Little Bits

July

Volume
7,5

2010
this issue

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Fireworks Safety for kids

As delightful as fireworks can be, they can also be extremely dangerous. Some children may only be aware of the beauty aspect and may not be aware how much injury and damage fireworks can actually cause. To make sure your children are smart about fireworks, it is important to share some safety tips with them.

Do Not Touch Fireworks

Kids should never touch fireworks under any circumstances. Even with adult supervision, all it can take is a child to make one quick wrong move for a fun situation to turn dangerous. Children should be taught that, until they are of legal age for buying fireworks, they should not handle them at all.

Never Treat Fireworks as a Toy

Although fireworks may seem like a toy, they are not something to play with. With the high risk of injury that could happen, it is important to make sure that children understand the danger of fireworks. They should learn how to properly manage the fireworks so when they are adults, they know how to handle them. Some children may believe that even playing with them for a second is OK, but that is all it can take for something to go wrong.

Stay at a Safe Distance From Fireworks

Whether the child is at a public fireworks display or is viewing a private display, they should make sure to stand at a safe distance. Should something go wrong with the fireworks, they need to make sure they can get away quickly and without injury. A good distance is at least 20 feet.

Use Fireworks Outdoors

Fireworks should never be used indoors. Not only is there the risk for personal injury, but there is also a huge risk of a fire starting. It is a good idea to inform children that should they use fireworks as an adult, they should never, under any circumstances, use them indoors. Even when using them outdoors, they should make sure to stay far away from any buildings or anything flammable, such as trees.

Read more: Fireworks Safety for Kids | eHow.com http://www.ehow.com/about_5218489_fireworks-safety-kids.html#ixzz0qvZF1prj



Have a fun and safe Fourth of July!

Tahkox - Infant

Is it hot enough? We know the infants love going outdoors and exploring all the exciting activities. As we introduced water into their play it was a little scary, but they are now getting used to it. By the end of summer we suspect they will all be water babies! Weather permitting, we will have water play daily. Please bring extra clothes for your baby or a bathing suit to keep here until summer is over. We do provide sunscreen for your children, but if you would like for them to have a certain kind please feel free to bring it.

Remember we are required to get a permission slip from you to apply it.

Last month we said goodbye to Ms. Telli but also welcomed two new friends to our class, Rodey and Anna and we are very excited to have them.

Last month the babies had fun getting their gifts ready for Dads big day. This month we will paint with patriotic colors as well as explore and learn about the world around us.

Please feel free to stop by and join in the fun anytime. We encourage you to take at least five minutes a day to spend with your child learning and exploring. The children love it when they get a chance to spend a few extra intimate moments with you in their environment here at the center. We thank you for allowing us to nurture and spend time with your little one. Have a safe and happy holiday!

**Ms. Ann, Ms. Kerry,
& Ms. Cindy**

Chemises - Preschool

What a wonderful summer we are enjoying. Hot, humid, but happy! We are enjoying our water play days and watching our new trees and garden grow as we water and weed them. We are learning lots from tending to these plants.

We are excited about celebrating America's Birthday on July 4th! How blessed we are to live in this wonderful country and enjoy the freedoms so many other countries can only dream of having.

This month we will be learning about Summer Fun, Oceans and Seas, Dinosaurs and The Zoo, whew! That's enough to keep us on our toes for the whole month.

I've been thinking about my own family as my children and grandchildren are maturing and changing. Some things I have considered are;

- ◆ What are the things we have done that has kept us close and made us the family that we are?
- ◆ What would I do differently if I could?
- ◆ What would I keep the same?

Some things that may seem so silly to others are the things I hear our grown children talking and laughing about or doing now with their own families. Thoughtful little habits you establish with your children can be vital in promoting the feeling of security and love. The rituals we perform bond us as family and it can strengthen your relationships at any age.

These rituals can be as simple as:

- ◆ Bedtime stories and prayers before a goodnight kiss and tucking your child in. You may be surprised the little secrets that can be shared or the bad nightmares that can be avoided.
- ◆ How about a Saturday morning tickle time in mommy and daddy's bed!
- ◆ One of my favorites was car talk on the way home. Everyone shared something good about their day, even me!
- ◆ Try to make everyday happenings an adventure at least once a month.
- ◆ Let dinner time be a celebration banquet, celebrate anything! Let your child plan the menu and help prepare the meal.

What Love Rituals does your family have? Don't worry; it's never too late to start a few. Be creative! They do not have to cost a dime, children do not look at dollar signs, just at LOVE SIGNS! When you stop for a few minutes you will be able to think of things to do to help your family bond and in years to come will draw you closer and closer.

Enjoy this wonderful summer and stay safe! May the Lord bless and keep each and every one of you!

**Ms Frankie
& Ms. Kerry**

Kitchen Corner

The 4th of July is here. It's a time for celebrating our independence and freedom. As we get together with our families and friends lets support our Soldiers that are fighting for our safety and to keep our wonderful freedom.

We are always trying to find fun, new ideas to take to our picnics and I think the Jellin'-Mellin' snacks will make fireworks for the kids, enjoy!

Jellin'-Mellin' Snacks

1 cantaloupe cut lengthwise in half
¾ cup boiling water
1 pkg. (3oz.) Jello Cherry flavor
½ cup cold water

Directions

Remove seeds from melon halves; cut thin slice from bottom of each. Scoop out melon flesh, leaving 1-inch thick shells. Place upside down on paper towels to drain. Add boiling water to Jello, stir 2 minutes until completely dissolved. Stir in cold water. Refrigerate 15 minutes or until slightly thickened. Pour into melon shells. Refrigerate 3 hours or until Jello is firm. Cut into wedges.

May also use honeydew melon and lime flavored Jello.

Makes 8 servings.

Ms. Stacey



Maxkw - Toddler 2

Happy 4th of July! I hope everyone gets their fill of fireworks, hamburgers, hot dogs, and watermelon!

Summer has definitely arrived and we sure can tell. With the hot days we've been going outside earlier in the morning and always making sure we have our sunscreen on and plenty of water to drink. We have also been doing water play a few times a week. It would be very helpful if you could make sure your child has an extra set of clothes available at all times in their cubby.

We will kick off this month with patriotic color fun followed by bubbles then on to Ooey Goey Fun week where we will be exploring various forms of sensory play. You might want to make sure to send PLAY clothes as we will be getting dirty and having all kinds of messy fun while learning an array of things! We will then move on to our watermelon unit where we will squish watermelons with our feet (hopefully this will get approved). We will wrap up the month with Summer Fun.

I will be on vacation during Summer Fun week so Ms Ann or Ms Kerry will fill in for me.

I'd like to give a few friendly reminders that would be very helpful for us:

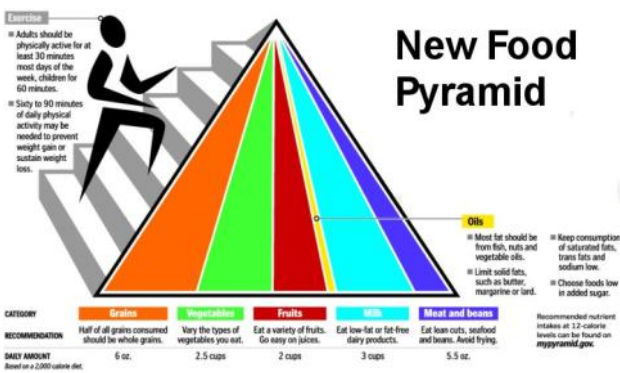
- ◆ Please make sure your child has a full set of clothes to change into if needed in their cubby. If you'd like, feel free to write their names in their clothes to avoid any mishaps.
- ◆ If you've borrowed clothes, please bring them back so we will have them available just in case. We are missing quite a few pairs of panties, so if you have any at home please return them. Or if you have any extras we could really use them!
- ◆ Please remember your child will get messy or dirty. It is part of natural play and the learning process. Please send them in clothes that are able to get messy, no need for a fashion show here, we want your children to be comfortable.

Feel free to come and join in the fun and learning anytime. I'm here from 8:30 - 5:00 pm if you ever need to talk or have any questions. My planning time is Wednesdays from 1:00 - 2:30 and my email is kbates@delawarechild.com.

Thank you from the bottom of my heart for this wonderful opportunity and for investing the time in your children! You have such a HUGE impact on your child's life! I know we tend to get very busy these days with ball practices, ball games, meetings, working to make that extra buck but those are just THINGS! Nothing compares to the moments you make with your child! Those moments can be as simple as reading a book together, tossing a ball, going for a walk or just simply talking to your child about their day. These are also the moments that you can't get back! So let's make our time that we have with them now count. It really does make a huge difference. I still remember those moments that I had with my parents as a child. As always, I Wish You Well,

Ms. Kathy

The NEW Food Pyramid



A balanced diet is one that includes all the food groups of the food pyramid. There are now two food pyramids. The U.S. Department of Agriculture (USDA) changed the food pyramid in spring 2005 because they wanted to convey a better example of how to eat healthier. The pyramid is based on the best available scientific facts concerning links between diet and good health. This new food pyramid addresses flaws in the original USDA food pyramid and offers better up to date information allowing people to better follow guidelines concerning what they should eat.

The New Food Pyramid is a tool to educate people to eat a more balanced diet from a greater variety of food portions without counting calories. The USDA has now expanded the four food groups to six groups and expanded the number of servings to meet the calorie needs of most people.

The new food pyramid is more flexible and accurate than the one we had a few years ago. The reason being that one image of a pyramid with markings of what your daily intake should be can not apply to everyone. It all depends on a person's lifestyle and how much exercise they get involved in during a week. It also depends on if a person is trying to lose weight or gain weight. If a person is trying to gain weight then they should proceed to having the highest amounts of recommended servings, if a person is trying to lose weight then they should try to aim for the lowest recommended servings per day. To have a good idea of what you should be eating and how much of it you should be eating. You can view this interactive guide which was made by the United States Department of Agriculture at <http://www.mypyramid.gov/>



Delaware Child Development now has a facebook page. In your search bar just enter "Delaware Child Development" and become a fan to receive updates and brief tidbits of information from our organization.

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NAEYC Accreditation:
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www.delawarechild.org

1-866-254-9864

Tiyas - Toddler 1

Happy 4th of July! I love this time of year, all the cookouts, fireworks, swimming and families & friends coming together.

This month is going to be full of fun activities for the children to enjoy. We will start the month off with a 4th of July party in both of the toddler classrooms. The children will have a day full of water play, treats and fun! Our class will then have a week full of Ooey Goey Fun! The children will definitely get messy this week, so they will need a set of play clothes for the week. We will end the month with watermelon and Summer Fun! The children will get to eat yummy watermelon and enjoy lots of summer activities. As you know, all this fun can get messy so please send extra play clothes each day and a towel for our water play.

Our children love it when parents get involved in our activities and you are always welcomed to join us in our fun. Thank you for everything you do and for sharing your child with us!

Ms. Christie

234 years ago...on July 4th, 1776
This great nation, the United States of
America,
In a struggle for what was right and free,
Was proudly born...
May we celebrate that precious freedom
For which our forbears fought so bravely...
The freedom that is inherent
In the Stars and Stripes, our revered flag...
Celebrate Freedom
This Fourth of July!

July Birthdays

| | |
|-----------------|-----------------|
| Sheriff Murrell | 5 th |
| Lilian Catt | 9 th |



July is National:

Ice Cream Month
Family Reunion Month
Blue Berry Month
Baked Bean Month
Social Wellness Month
Make a Difference to
Children Month

Secondine Child
Development Center

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Thank you for sharing your children with us!

