

SCHEDULE B

CHILD AND ADULT CARE FOOD PROGRAM INFANT MEAL PATTERN

BREAKFAST	BIRTH THROUGH 3 MONTHS	4 THROUGH 7 MONTHS	8 THROUGH 11 MONTHS
	4-6 fluid oz breast milk ^{2,3} or formula ¹	4-8 fluid oz breast milk ^{2,3} or formula ¹ 0-3 Tbsp infant cereal ^{1,4}	6-8 fluid oz breast milk ^{2,3} or formula ¹ 2-4 Tbsp infant cereal ¹ 1-4 Tbsp fruit or vegetable
LUNCH/ SUPPER			
	4-6 fluid oz breast milk ^{2,3} or formula ¹	4-8 fluid oz breast milk ^{2,3} or formula ¹ 0-3 Tbsp infant cereal ^{1,4} 0-3 Tbsp fruit or vegetable ⁴	6-8 fluid oz breast milk ^{2,3} or formula ¹ 1-4 Tbsp fruit or vegetable AND AT LEAST ONE OF THE FOLLOWING: 2-4 Tbsp infant cereal ¹ 1-4 Tbsp meat, fish, poultry, egg yolk, or cooked dry beans or peas 1/2-2 oz cheese 1-4 oz (volume) cottage cheese 1-4 oz (weight) cheese food or cheese spread
SNACK			
	4-6 fluid oz breast milk ^{2,3} or formula ¹	4-6 fluid oz breast milk ^{2,3} or formula ¹	2-4 fluid oz breast milk ^{2,3} , formula ¹ , or fruit juice ⁵ 0-1/2 slice bread ^{4,6} or 0-2 crackers ^{4,6}

¹ Infant formula and dry infant cereal shall be iron-fortified.

² It is recommended that breast milk be served in place of formula from birth through 11 months.

³ For some breast-fed infants who regularly consume less than the minimum amount of breast milk per feeding, a serving of less than the minimum amount of breast milk may be offered with additional breast milk offered if the infant is still hungry.

⁴ A serving of this component shall be optional.

⁵ Fruit juice shall be full-strength.

⁶ Bread and bread alternates shall be made from whole-grain or enriched meal or flour.

NOTE: Do not serve honey or use in food served to infants under one year old.

INFANT MEAL WAIVER INSTRUCTIONS

Infants who are enrolled for child care must have access to CACFP meals. Meals served to infants from birth up to eight months that contain only iron-fortified formula provided by the parent or caregiver or bottled breast milk provided by the **PARENT** may be claimed for reimbursement. To receive reimbursement, the caregiver must always offer a complete developmentally appropriate meal. Infants 8 to 12 months must be served the additional required items at breakfast and lunch that are provided by the caregiver. ***All infant meals must be served by the caregiver.***

If a parent or guardian does not want his or her child to participate in the CACFP, an *Infant Meal Waiver* form must be completed and on file for each infant. The provider will not be able to claim the infant meals for reimbursement. The sponsor, as well as the provider, must have the Infant Meal Waiver on file.

- Record the infant's first and last names.
- Record the infant's birth date.
- Parent/guardian must sign waiver.
- Record the date the parent/guardian signs.

NOTE: If a parent/guardian wishes for his or her infant to participate in CACFP infant meals at a later date, annotate at bottom of form the date in which this change is to occur.

INFANT MEAL WAIVER

I wish to decline my child's participation in infant meals. I understand that the facility will not be claiming my child's meals for CACFP reimbursement.

Name of Infant: _____

Date of Birth: _____

Signature of Parent/Guardian: _____

Date: _____