

# BREAD/BREAD ALTERNATE REQUIREMENTS FOR CACFP

Serving Size for 1 - 5 year old children = 1/2 serving

Serving Size for 6 - 12 year old children = 1 serving

GROUP A	MINIMUM SERVING SIZE FOR GROUP A
Bread-type coating Breadsticks (hard) Chow mein noodles Crackers (saltines and snack crackers) Croutons Pretzels (hard) Stuffing (dry) NOTE: Weights apply to bread in stuffing	1/2 serving = 10 grams or 0.4 ounces 1 serving = 20 grams or 0.7 ounces
GROUP B	MINIMUM SERVING SIZE FOR GROUP B
Bagels Batter-type coating Biscuits Breads (white, wheat, whole wheat, French, Italian) Buns (hamburger or hot dog) Crackers (graham crackers - all shapes, animal crackers) Egg roll skins English muffins Pita bread (white, wheat, whole wheat) Pizza crust Pretzels (soft) Rolls (white, wheat, whole wheat, potato) Tortillas (wheat or corn) Tortilla chips (wheat or corn) Taco shells	1/2 serving = 13 grams or 0.5 ounces 1 serving = 25 grams or 0.9 ounces
GROUP C	MINIMUM SERVING SIZE FOR GROUP C
Cookies (plain) * Cornbread Corn muffins Croissants Pancakes Pie crust (dessert pies *, fruit turnovers **, and meat/meat alternate pies) Waffles	1/2 serving = 16 grams or 0.6 ounces 1 serving = 31 grams or 1.1 ounces
GROUP D	MINIMUM SERVING SIZE FOR GROUP D
Donuts (cake and yeast-raised, unfrosted) ** Granola bars (plain) ** Muffins (all except corn) Sweet roll (unfrosted) ** Toaster pastry (unfrosted)	1/2 serving = 25 grams or 0.9 ounces 1 serving = 50 grams or 1.8 ounces

\* **Snack only.**

\*\* **Snack and breakfast only.**

# BREAD/BREAD ALTERNATE REQUIREMENTS FOR CACFP

Serving Size for 1 - 5 year old children = 1/2 serving

Serving Size for 6 - 12 year old children = 1 serving

GROUP E	MINIMUM SERVING SIZE FOR GROUP E
Cookies * (with nuts, raisins, chocolate pieces, and/or fruit purees) Donuts (cake and yeast-raised, frosted or glazed)** French toast Grain fruit bars ** Granola bars (with nuts, raisins, chocolate pieces and/or fruit) ** Sweet rolls (frosted) ** Toaster pastry (frosted) **	1/2 serving = 31 grams or 1.1 ounces 1 serving = 63 grams or 2.2 ounces
GROUP F	MINIMUM SERVING SIZE FOR GROUP F
Cake (plain, unfrosted) * Coffee cake **	1/2 serving = 38 grams or 1/3 ounces 1 serving = 75 grams or 2.7 ounces
GROUP G	MINIMUM SERVING SIZE FOR GROUP G
Brownies (plain) * Cake (all varieties, frosted) *	1/2 serving = 58 grams or 2.0 ounces 1 serving = 115 grams or 4.0 ounces
GROUP H	MINIMUM SERVING SIZE FOR GROUP H
Barley Breakfast cereals (cooked - whole grain, enriched, or fortified) Bulgur or cracked wheat Macaroni (all shapes) Noodles (all varieties) Pasta (all shapes) Ravioli (noodle only) Rice (enriched white or brown)	1 serving = 1/2 cup cooked or 25 grams dry
GROUP I	MINIMUM SERVING SIZE FOR GROUP I
Ready-to-eat breakfast cereal (cold, dry - whole grain, enriched, or fortified)	1 serving = 3/4 cup or 1.0 ounce, whichever is less

\* Snack only.

\*\* Snack and breakfast only.