

Delaware Child Nutrition Program 15-Day Cycle Menu

Provider's Name: _____

Agreement #: _____

Breakfast

1

2

3

4

5

Fluid Milk					
Vegetables, Fruits or 100% Juice					
Bread/Bread Alternate					

Lunch

Fluid Milk					
Meat/Meat Alternate					
Vegetables, Fruits, Or 100% Juice					
Vegetables, Fruits, Or 100% Juice					
Bread/Bread Alternate					

Supper

Fluid Milk					
Meat/Meat Alternate					
Vegetables, Fruits, Or 100% Juice					
Vegetables, Fruits, Or 100% Juice					
Bread/Bread Alternate					

Supplements

<u>Choose 2 different components</u> Milk Meat/Meat Alt. Fruit/Veg./Juice Bread/Bread Alt.	AM				
	PM				
	Late PM				

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Breakfast

6

7

8

9

10

Fluid Milk					
Vegetables, Fruits or 100% Juice					
Bread/Bread Alternate					

Lunch

Fluid Milk					
Meat/Meat Alternate					
Vegetables, Fruits, Or 100% Juice					
Vegetables, Fruits, Or 100% Juice					
Bread/Bread Alternate					

Supper

Fluid Milk					
Meat/Meat Alternate					
Vegetables, Fruits, Or 100% Juice					
Vegetables, Fruits, Or 100% Juice					
Bread/Bread Alternate					

Supplements

<u>Choose 2 different components</u> Milk Meat/Meat Alt. Fruit/Veg./Juice Bread/Bread Alt.	AM				
	PM				
	Late PM				

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Breakfast

11

12

13

14

15

Fluid Milk					
Vegetables, Fruits or 100% Juice					
Bread/Bread Alternate					

Lunch

Fluid Milk					
Meat/Meat Alternate					
Vegetables, Fruits, Or 100% Juice					
Vegetables, Fruits, Or 100% Juice					
Bread/Bread Alternate					

Supper

Fluid Milk					
Meat/Meat Alternate					
Vegetables, Fruits, Or 100% Juice					
Vegetables, Fruits, Or 100% Juice					
Bread/Bread Alternate					

Supplements

<u>Choose 2 different components</u> Milk Meat/Meat Alt. Fruit/Veg./Juice Bread/Bread Alt.	AM				
	PM				
	Late PM				

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Breakfast

16

17

18

19

20

Fluid Milk					
Vegetables, Fruits or 100% Juice					
Bread/Bread Alternate					

Lunch

Fluid Milk					
Meat/Meat Alternate					
Vegetables, Fruits, Or 100% Juice					
Vegetables, Fruits, Or 100% Juice					
Bread/Bread Alternate					

Supper

Fluid Milk					
Meat/Meat Alternate					
Vegetables, Fruits, Or 100% Juice					
Vegetables, Fruits, Or 100% Juice					
Bread/Bread Alternate					

Supplements

<u>Choose 2 different components</u> Milk Meat/Meat Alt. Fruit/Veg./Juice Bread/Bread Alt.	AM					
	PM					
	Late PM					